



The Sound of Music Activity Instructions:

Page 1: Instructions

Page 2: The von Trapp children are playing tricks again. Can you fill in the missing words they took?

Page 3: Use these flashcards to practice learning the notes in order.

- Print and cut out the 8 “Do-Re-Mi” Cards along the black lines. Use paper glue or double sided tape to attach the “Do-Re-Mi” images onto 8 index cards.
- (Optional) Simply add a loose leaf binder ring to keep the cards in order.

Page 4: Print and cut out these images to be used in the Pattern Activity on page 5.

Page 5: Complete the ABC Patterns using the cut out images from page 4.

- Additional pattern activities: Can you use the images from page 4 to create your own patterns?

Page 6: How to Make Solfege Hand Signs

Page 7: Color the Solfege Hand Signs, then practice learning each hand sign.


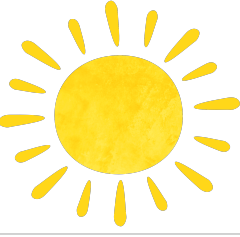


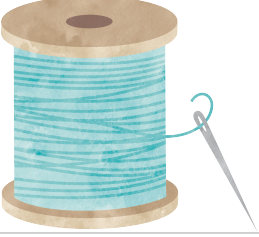



Page 8: Printable Solfege Hand Signs in Color

Page 9: Practice the Solfege Hand Signs while singing along to “Do-Re-Mi!”

- Color the Solfege Hand Signs, then practice each coordinating hand sign as you sing along.

“Do-Re-Mi” from *The Sound of Music*

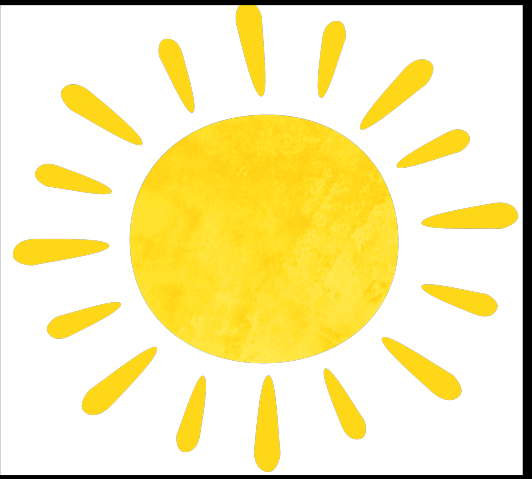
Directions: The von Trapp children are playing tricks again. Can you fill in the missing words they took?

	Doe—a _____, a female _____,
	Ray—a drop of golden _____,
	Me—a name I call _____,
	Far—a long, long way to _____,
	Sew—a needle pulling _____,
	La—a _____ to follow sew,
	Tea—a _____ with jam and bread.
	That will bring us back to do! Do-re-mi-fa-so-la-ti-do.

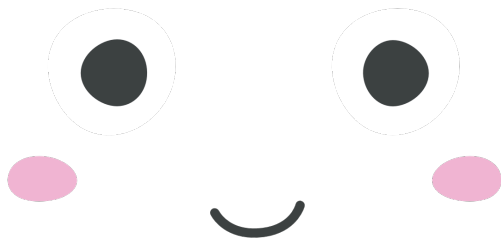
Do



Re



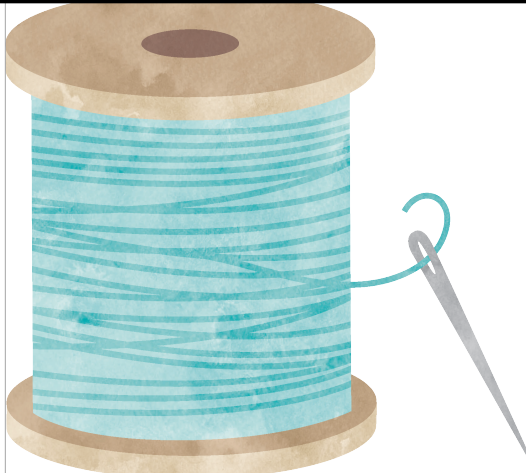
Mi



Fa



So



La




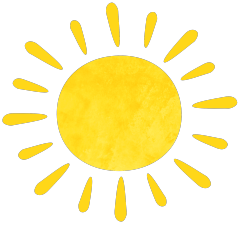


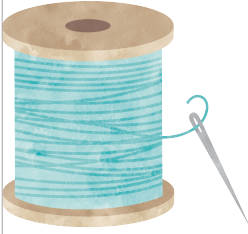



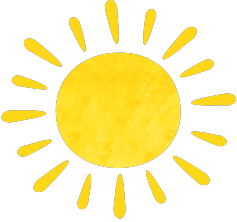



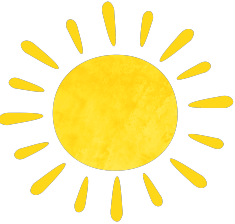



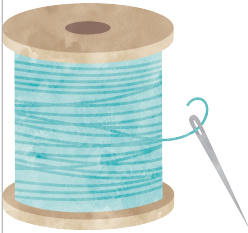




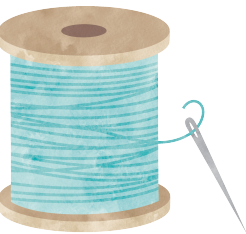
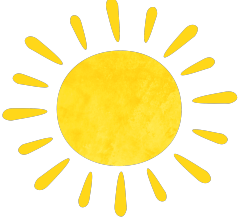

Ti



Do





Solfege Hand Signs

To use the solfege hand signs on pages 5-6, simply keep one hand free while singing. Begin with either hand near the level of your chest. Then make the following shapes as you sing each note.

How to Make Solfege Hand Signs:

Do - With your palm facing down, make a fist.

Re - With a straight hand, make a 45-degree angle with the ground while keeping your fingers together.

Mi - Repeat the same hand shape, except make your hand parallel to the ground.

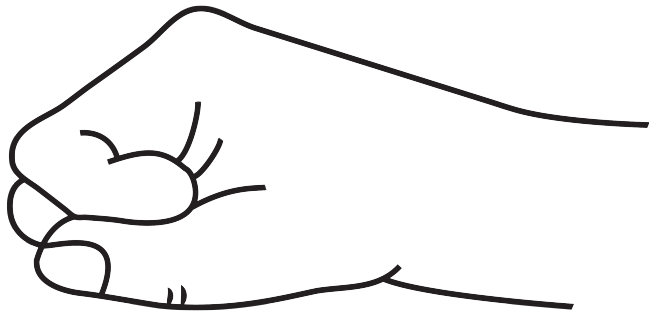
Fa - With your palm facing down, make a loose fist with 4 fingers. Point your thumb downward.

Sol - Make a flat hand with your palm directly facing your body.

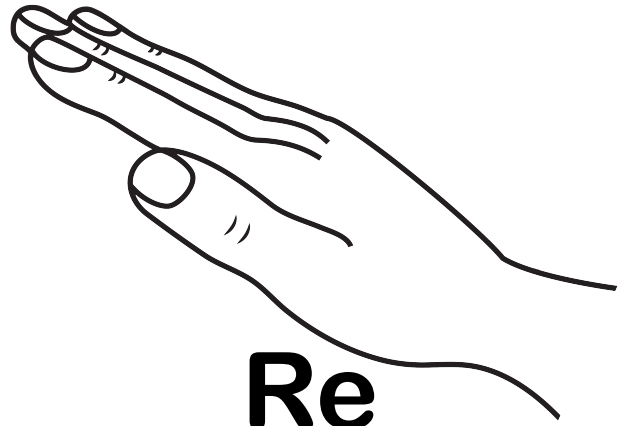
La - Gently curve your palm and fingertips downward to face the floor.

Ti - Using a 45 degree angle, point your index finger upward while making a loose fist.

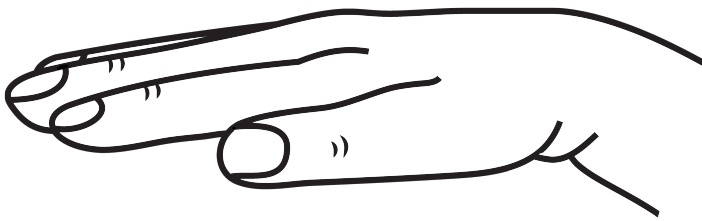
Do - With your palm facing down, make a fist.



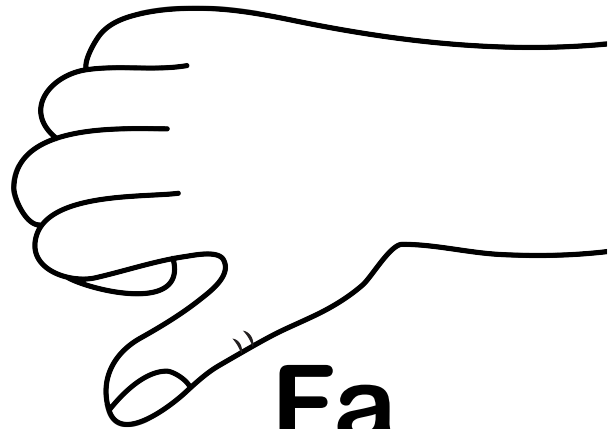
Do



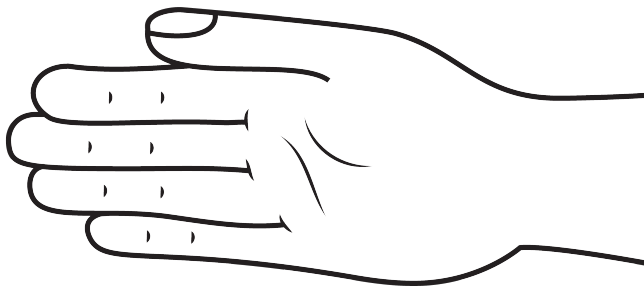
Re



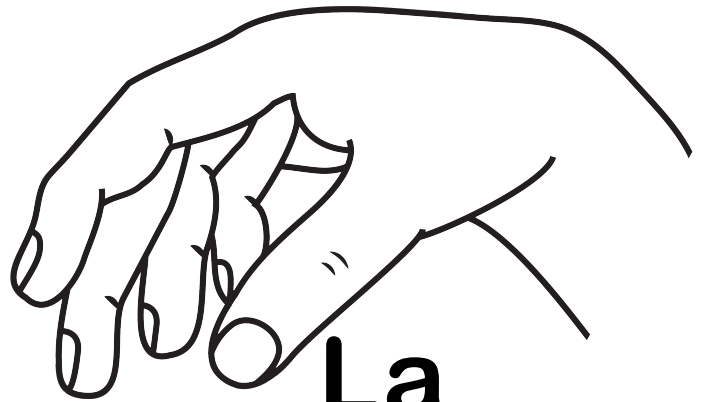
Mi



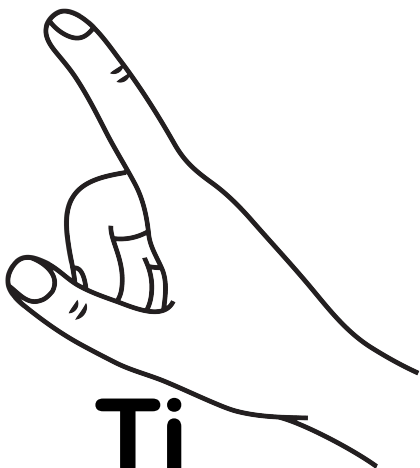
Fa



So



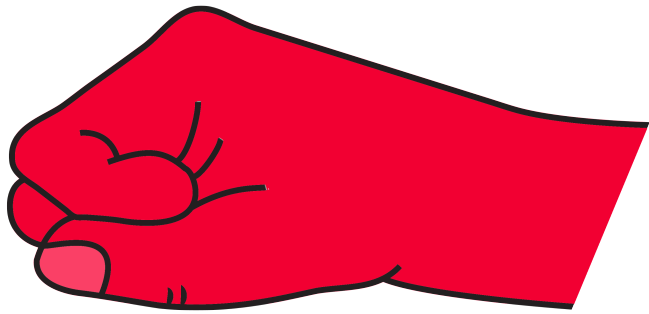
La



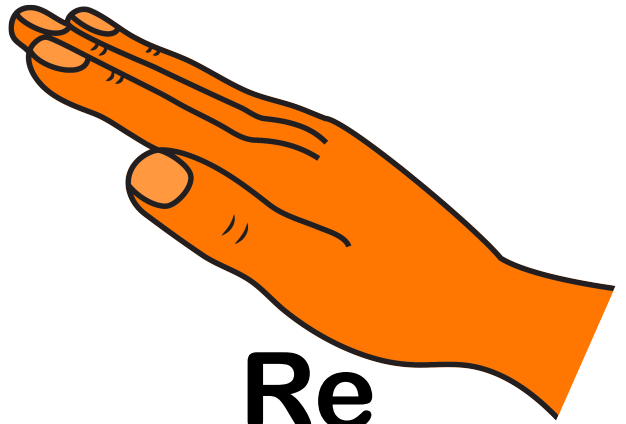
Ti



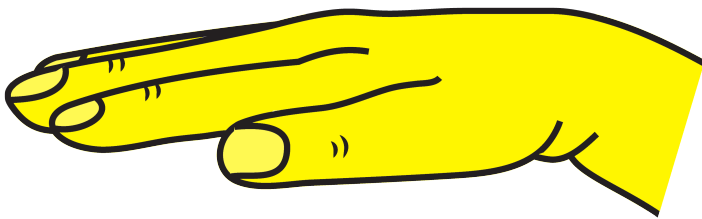
Do



Do



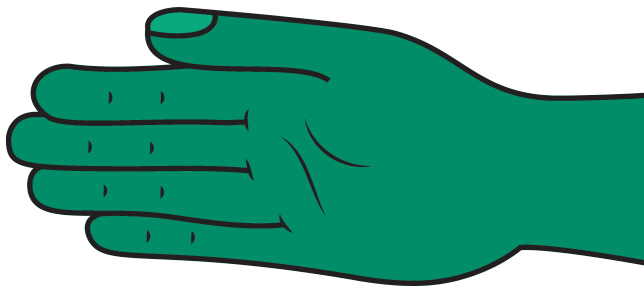
Re



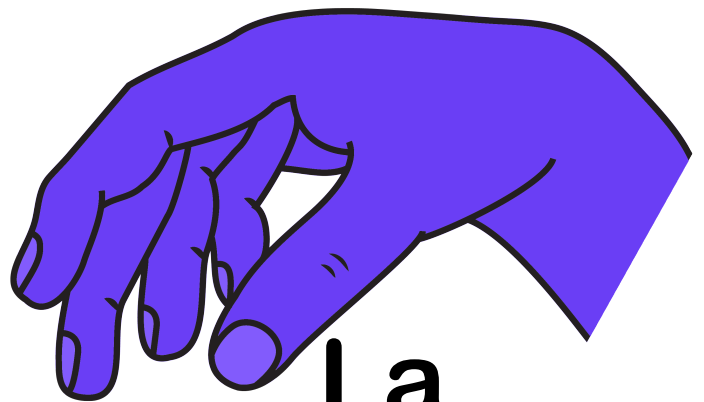
Mi



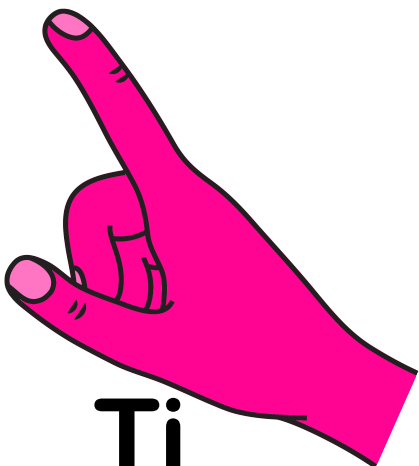
Fa



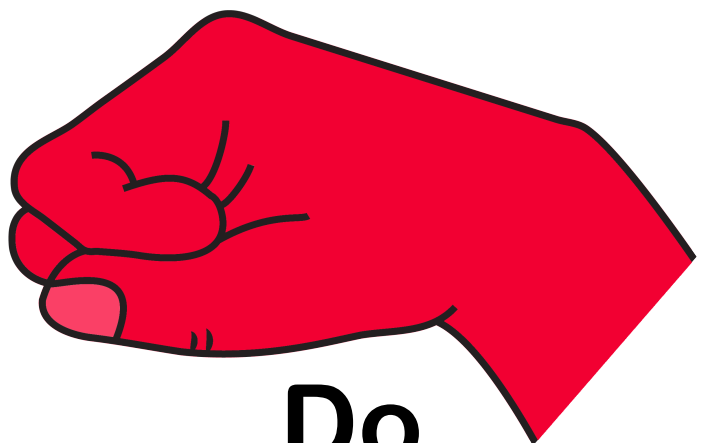
So



La



Ti

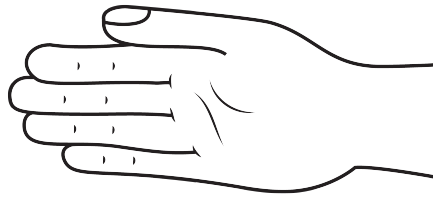


Do

“When you know the notes to sing, You can sing most anything.”

“So-do-la-fa-mi-do-re.
So-do-la-ti-do-re-do.”

So



When

do



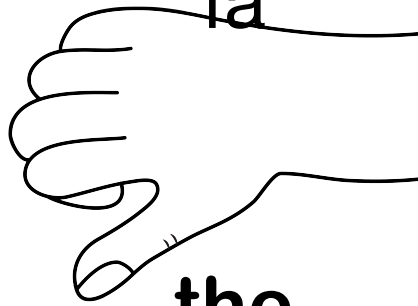
you

la



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fa



the

mi



notes

do



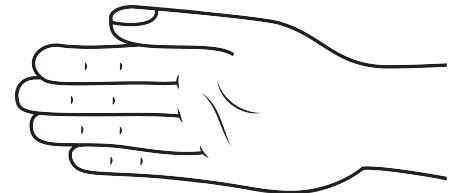
to

re.



sing,

So



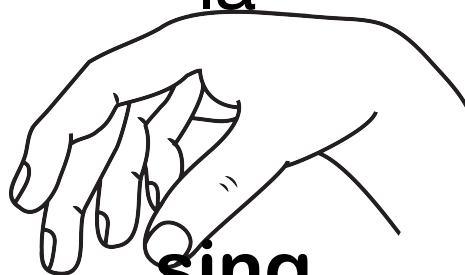
You

do



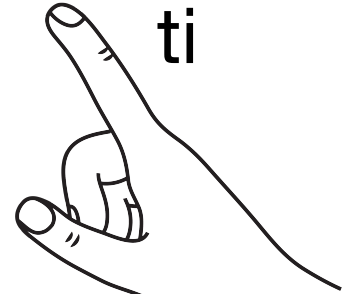
can

la



sing

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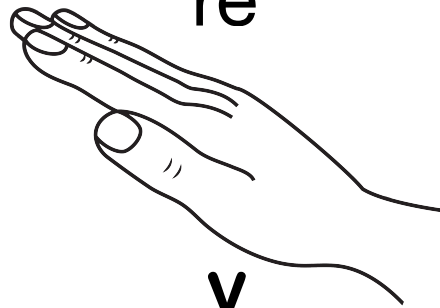
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thing.